

SELF REFERRAL PATHWAY

The self-referral pathway has provided over 165 hours of therapy to children, young people and families and is growing quickly. We have supported issues such as self-harm, identity, adoption, anxiety, bullying, bereavement, parental separation and family issues or conflict. We offer support to children and young people through talking, play and art therapy and when working with families we use whatever model best supports the issue.

We have a team of very experienced counsellors available within the self-referral arm of bccs and we are running an evening clinic from 4.00-8.00pm in our Rayleigh office. We have two fully converted therapy rooms.

The pathway is overseen by Catherine Munns, who is Head of Training and Clinical Development. Catherine and the team are passionate about, and dedicated to, the wellbeing of children and young people and have achieved positive and reparative outcomes for all clients or families. We now have the capacity to expand the self-referral pathway. Sessions are £45.00 and these are typically self-funded. There are, however, different opportunities for funding so please do call to discuss this should you need to.

Please do not hesitate to contact Catherine: cmunns@bccs.org.uk and she will gladly tell you more about the pathway.

