

WEEK 1

MONDAY

**Rainbow
Pasta**
with
Tomato Sauce
Crusty Bread

Salad Bar Selection

**Rainbow
Pasta**
with
Cheese Sauce

OPT 2

Ice Lolly

TUESDAY

**Pepperoni
Pizza**
Ham or
pepperoni
for Dairy Free
Pasta Salad

Salad Bar Selection

**Margherita
Pizza**

OPT 2

Yogurt or fruit
Dairy Free Yogurt Available

WEDNESDAY

**Butchers
Sausage**
In a soft
Bread Roll
sweetcorn
COUSCOUS

**Vegetarian
Sausage**
In a soft
Bread Roll

OPT 2

Sponge Cake

THURSDAY

**Chicken
Italienne**
with
Tomato and
Mozzarella
Rice
Green Beans

Pinwheel
(puff pastry)
with Cheese
and Tomato

OPT 2

**Meringue
Peaches &
cream**

FRIDAY

Harry Ramsden's
Fish Fillet
Chips
Baked Beans
Peas

Jacket Potato
with Beans,
Cheese or Tuna,
Sweetcorn

JP

Yogurt or fruit
Dairy Free Yogurt Available

Fresh Bread a choice of yoghurt and fresh fruit available every day

WEEK 2

MONDAY

Pasta
with
Tomato Sauce
Crusty Bread
Grated Cheese
optional

Salad Bar Selection

Pasta
with
Cheese Sauce

OPT 2

Flapjack

TUESDAY

**Favourite
Chicken Burger**
Couscous

Salad Bar Selection

**Vegan
Chicken Burger**
Dairy Friendly

OPT 2

Yogurt or fruit
Dairy Free Yogurt Available

WEDNESDAY

Roast Gammon
Roast Potatoes
Broccoli & Carrots
Yorkshire Pudding
Gravy (optional)

Baguette
with Cheese

OPT 2

Jelly

THURSDAY

**Homemade
Beef Bolognese**
Pasta
Garlic Bread
Peas

Plain Pasta
with
Tomato Sauce
Grated Cheese
(both sauce and cheese
optional)

OPT 2

Ice Cream
Dairy Free Available

FRIDAY

**Omega 3
Fish Fingers**
Chips
Baked Beans
Peas

Jacket Potato
with Beans,
Cheese or Tuna,
Sweetcorn

JP

Yogurt or fruit
Dairy Free Yogurt Available

Fresh Bread a choice of yoghurt and fresh fruit available every day

WEEK 3

MONDAY

Deli Wrap

Choice of filling
Ham, Tuna
or Cheese
Couscous

Salad Bar Selection

Cheese Wrap

OPT 2

Cookie Surprise

TUESDAY

Chinese Fried Rice

with eggs, Ham
and Peas
Hot sweetcorn
(Allergy option available
no egg)

Baguette

with Cheese
(Ham option only for
dairy free)

OPT 2

Pancake

WEDNESDAY

Roast Chicken

Roast Potatoes
Broccoli & Carrots
Yorkshire Pudding
Gravy (optional)

Quorn Fillet

(rest as above)

OPT 2

Yogurt or fruit

Dairy Free Yogurt Available

THURSDAY

Meat Balls (gluten free)

in a Rich
Tomato Sauce
Penne Pasta
Green Beans
Sweetcorn

Plain Pasta with

Tomato Sauce
Grated Cheese
(both sauce and cheese
optional)

OPT 2

Angel Delight

FRIDAY

Omega 3 Fish Fillet

Chips
Baked Beans
Peas

Jacket Potato
with Beans,
Cheese or Tuna,
Sweetcorn

JP

Yogurt or fruit

Dairy Free Yogurt Available

Fresh Bread a choice of yoghurt and fresh fruit available every day